

**MONDAY**

**7:30 AM–8:30 AM**

The Gifts of the Program  
*Zoom*  
<https://zoom.us/j/225455863>  
Telephone: +1 669 900 9128  
Meeting ID: 225 455 863  
Password: 323570

**8:30 AM–9:30 AM**

Weekday AM Literature Discussion  
*In person*  
Dry Dock  
2118 Greenwich St  
*Zoom app*  
Telephone: \*67 1 669 900 6833  
Meeting ID: 930 1206 3059

**10:00 AM–11:30 AM**

New Avenues  
Unity Spiritual Center of  
San Francisco  
2690 Ocean at 19th Ave

**3:00 PM–4:00 PM**

Meditation and Literature  
*Zoom*  
<https://tinyurl.com/ybfz2g6s>  
Telephone: +1 669 900 6833  
Meeting ID: 400 082 147

**6:15 PM–7:15 PM**

Keep It Simple Alateen  
*In person*  
St. Francis Lutheran Church\*  
152 Church St  
\*For entry, at the gate, press "#2  
Parish Hall."  
*Zoom, contact for details*  
Alateen Coordinator:  
alateen@al-anonsf.org;  
call or text 650-733-9530

**6:15 PM–7:30 PM**

Monday Night Al-Anon Adult  
Children  
*In person, independent of Zoom*  
St. Francis Lutheran Church\*  
152 Church St  
\*For entry, at the gate, press "#2  
Parish Hall."  
*Zoom, independent of in person*  
<https://tinyurl.com/ybfsxh8y>  
Telephone: +1 720 707 2699  
Meeting ID: 789 0176 1832  
Password: 839751

**6:30 PM–7:45 PM**

Crones' Club  
*In person*  
Holy Innocents Episcopal Church  
455 Fair Oaks St

**6:30 PM–7:45 PM**

Crones' Online  
*Zoom*  
<https://tinyurl.com/ybx9w3lk>  
Telephone: +1 720 707 2699  
Meeting ID: 583 412 645  
Password: 123456

**6:30 PM–7:30 PM**

Progress Not Perfection  
*In person*  
St. Cyprian's Episcopal Church  
2097 Turk Blvd  
*Zoom*  
<https://tinyurl.com/yc87zpd>  
Telephone: +1 669 900 6833  
Meeting ID: 867 1476 2079  
Password: 122753

**7:15 PM–8:15 PM**

Parents and Families Turning It  
Around  
*Zoom*  
<https://tinyurl.com/y9y3axtc>  
Telephone: +1 669 900 9128  
Meeting ID: 841 4660 0616  
Password: 136340

**8:00 PM–9:15 PM**

Gold Mine  
*In person*  
St. Aiden's Episcopal Church  
101 Gold Mine Dr  
*Zoom*  
<https://tinyurl.com/mxmc92k8>  
Telephone: +1 669 900 6833  
Meeting ID: 832 4612 4473  
Password: 111613

**TUESDAY**

**8:30 AM–9:30 AM**

Weekday AM Literature Discussion  
*In person*  
Dry Dock  
2118 Greenwich St  
*Zoom app*  
Telephone: \*67 1 669 900 6833  
Meeting ID: 930 1206 3059

**12:00 PM–1:00 PM**

Brown Baggers  
*Zoom*  
<https://tinyurl.com/y7yqn9jb>  
Telephone: +1 669 900 6833  
Meeting ID: 837 0534 1349  
Password: 207574

**7:15 PM–8:15 PM**

Mission\*  
*Zoom*  
<https://tinyurl.com/pvfmrch>  
Telephone: +1 669 900 6833  
Meeting ID: 819 3006 8215  
\*Opens at 7:00 PM for fellowship.

**7:15 PM–8:15 PM**

Tuesday Night LGBT  
*In person*  
St. Francis Lutheran Church\*  
152 Church St  
\*For entry, at the gate, press "#2  
Parish Hall."

**8:00 PM–9:15 PM**

Courage to Change  
*In person*  
Dry Dock  
2118 Greenwich St  
*Zoom app*  
Telephone: +1 669 900 6833  
Meeting ID: 930 1206 3059

**WEDNESDAY**

**7:30 AM–8:30 AM**

The Gifts of the Program  
*Zoom*  
<https://zoom.us/j/225455863>  
Telephone: +1 669 900 9128  
Meeting ID: 225 455 863  
Password: 323570

**8:30 AM–9:30 AM**

Weekday AM Literature Discussion  
*In person*  
Dry Dock  
2118 Greenwich St  
*Zoom app*  
Telephone: \*67 1 669 900 6833  
Meeting ID: 930 1206 3059

**10:00 AM–11:30 AM**

Wednesday AM Stonestown  
*In person, independent of Zoom*  
Lakeside Presbyterian Church\*  
201 Eucalyptus Dr  
\*Enter by the annex door, to the  
right of the sanctuary entrance.  
Childcare available.  
*Zoom, independent of in person*  
<https://tinyurl.com/y83ue9ez>  
Telephone: +1 669 900 6833  
Meeting ID: 997 376 065  
Password: 393545

**7:00 PM–9:00 PM**

Monthly District Business Meeting  
Second Wednesday of each month.  
*Zoom*  
<https://tinyurl.com/y7bldw57>  
Telephone: +1 669 900 9128  
Meeting ID: 594 147 688  
Password: 596057

**7:30 PM–9:00 PM**

Wednesday 12 x 12 Study  
*In person*  
St. Philip the Apostle Church\*  
725 Diamond St  
\*Entrance and parking on 24th St  
*Zoom*  
<https://tinyurl.com/y9jsgv5>  
Telephone: +1 669 900 6833  
Meeting ID: 565 440 122

Help and hope for families and friends of alcoholics.

When you attend an in-person meeting, please be prepared to abide by the rules that govern the meeting, if any. Rules may include such as masking, proof of vaccination, and group-size limitation.

San Francisco Al-Anon Information Service  
Flood Building  
870 Market Street, Suite 1169, San Francisco, CA 94102  
Office Voicemail: (415) 834-9940 Office Email: [office@al-anonsf.org](mailto:office@al-anonsf.org)

**THURSDAY**

**8:30 AM–9:30 AM**

Weekday AM Literature Discussion  
*In person*  
Dry Dock  
2118 Greenwich St  
*Zoom app*  
Telephone: \*67 1 669 900 6833  
Meeting ID: 930 1206 3059

**6:30 PM–7:30 PM**

6:30 PM Book Study  
*Zoom*  
<https://tinyurl.com/y4ntg8jd>  
Telephone: +1 669 900 9128  
Meeting ID: 882 6238 1722  
Password: 408505

**7:15 PM–8:15 PM**

Thursday Night Women's Al-Anon  
Book Study  
*In person*  
Dry Dock  
2118 Greenwich St  
*Zoom app*  
Telephone: \*67 1 669 900 6833  
Meeting ID: 930 1206 3059

**7:15 PM–8:30 PM**

Thursday Night Literature  
Discussion\*  
*In person*  
Bethany United Methodist Church  
1270 Sanchez St  
\*Enter through Clipper St side door  
and go up the stairs.

**7:15 PM–8:30 PM**

Thursday Night Gay Men's Al-Anon  
Adult Children  
*In person, independent of Zoom*  
St. Matthew's Lutheran Church\*  
3281 16th Street (at Dolores)  
\*Parking available until 7:20 PM  
via gate on Dolores (pull close to  
gate)  
*Zoom, independent of in person*  
<https://tinyurl.com/y6pzbt87>  
Telephone: +1 669 900 6833  
Meeting ID: 854 0964 1193  
Passcode: 879357

**FRIDAY**

**7:30 AM–8:30 AM**

The Gifts of the Program  
*Zoom*  
<https://zoom.us/j/225455863>  
Telephone: +1 669 900 9128  
Meeting ID: 225 455 863  
Password: 323570

**8:30 AM–9:30 AM**

Weekday AM Literature Discussion  
*In person*  
Dry Dock  
2118 Greenwich St  
*Zoom app*  
Telephone: \*67 1 669 900 6833  
Meeting ID: 930 1206 3059

**10:00 AM–11:30 AM**

Stonestown Friday Morning  
*In person, independent of Zoom*  
Lakeside Presbyterian Church\*  
201 Eucalyptus Dr  
\*Enter by the annex door, to the  
right of the sanctuary entrance.  
Childcare available.  
*Zoom, independent of in person*  
<https://tinyurl.com/yablyo7m>  
Telephone: +1 669 900 6833  
Meeting ID: 404 457 694  
Password: 364571

**7:00 PM–8:00 PM**

Al-Anon Spoken Here  
*Zoom*  
<https://tinyurl.com/yceyck4y>  
Telephone: +1 669 900 6833  
Meeting ID: 909 350 426  
Password: 667281

**7:00 PM–8:15 PM**

**No meeting on Feb 24.**  
Friday Night Gay Men's Open to All  
Step Study  
*In person, independent of Zoom*  
St. Matthew's Lutheran Church\*  
3281 16th St  
\*Parking available until 7:05 PM via  
gate on Dolores (pull close to gate)  
*Zoom, independent of in person*  
<https://tinyurl.com/85wmj87d>  
Telephone: 669 900 9128  
ID: 859 4047 6601  
Password: 398780

**8:00 PM–9:15 PM**

Pacific Heights Marina  
*Zoom*  
<https://tinyurl.com/y37pgcwh>  
Telephone: +1 669 900 9128  
Meeting ID: 847 4588 0053  
Password: 657276

**SATURDAY**

**10:00 AM–11:30 AM**

Simply Saturday  
*Zoom*  
<https://tinyurl.com/y9hfrx9j>  
Telephone: +1 669 900 6833  
Meeting ID: 923 214 200  
Password: 041591

**10:30 AM–11:30 AM**

Changed Attitudes  
*In person*  
Castro Country Club  
4058 18th St

**10:30 AM–11:45 AM**

YAHOO (You Always Have Other  
Options)  
*Zoom*  
<https://tinyurl.com/y8hkbwau>  
Telephone: +1 720 707 2699  
Meeting ID: 139 613 593  
Password: 736304

**11:00 AM–12:15 PM**

Nomad  
*In person, independent of Zoom*  
Most Holy Redeemer Church  
100 Diamond St\*  
\*Enter through side gate on 18th  
St and go downstairs.  
*Zoom, independent of in person*  
<https://tinyurl.com/y7m9plft>  
Telephone: +1 669 900 9128  
Meeting ID: 622 913 1256  
Password: 533343

**3:00 PM–4:15 PM**

Contentment  
*Zoom*  
<https://tinyurl.com/mvzemzph>  
Telephone: +1 669 900 6833  
Meeting ID: 897 3803 2788  
Passcode: 119498

**SUNDAY**

**9:30 AM–10:30 AM**

Weekend AM Literature Discussion  
*In person*  
Dry Dock  
2118 Greenwich St  
*Zoom app*  
Telephone: \*67 1 669 900 6833  
Meeting ID: 930 1206 3059

**9:30 AM–10:30 AM**

Sunday Steps in the Sunset  
*Zoom*  
<https://tinyurl.com/y7bp2by7>  
Telephone: +1 669 900 6833  
Meeting ID: 761 362 756  
Password: 650997

**2:30 PM–3:30 PM**

Afternoon Delight  
*In person*  
Castro Country Club  
4058 18th St

**5:00 PM–6:30 PM**

End of the Line, 11th Step  
Meditation  
*Zoom*  
<https://tinyurl.com/yae7g2fw>  
Telephone: +1 669 900 6833  
Meeting ID: 765 347 203  
Password: 538631

**7:00 PM–8:15 PM**

First Things First Quarterly Speaker  
Meeting  
Sunday, April 2, 2023  
Speaker: TBD  
Topic: TBD  
*Zoom*  
<https://tinyurl.com/rfeb48ad>  
Meeting ID: 89695775102  
Passcode: 373226

Help and hope for families and friends of alcoholics.

When you attend an in-person meeting, please be prepared to abide by the rules that govern the meeting, if any. Rules may include such as masking, proof of vaccination, and group-size limitation.

San Francisco Al-Anon Information Service  
Flood Building  
870 Market Street, Suite 1169, San Francisco, CA 94102  
Office Voicemail: (415) 834-9940 Office Email: [office@al-anonsf.org](mailto:office@al-anonsf.org)